

Additional Ways to Contribute

SCMAFC is an all-volunteer organization that relies on the generosity of others!

- Assist with event planning, recruiting, administrative tasks, or marketing (newsletter, website, and social media)
- Donate to help fund operating expenses that allow us to serve and support our seniors
- As a federally registered 501(c)3 charity, your contributions of money and miles driven are fully tax deductible (Tax ID #46-0997432)
- You can donate online or apply to volunteer at scmafc.org



"The flexibility of being able to pick and choose rides makes this an easy volunteer 'job.' "

– Sherry J, volunteer driver



Do You Need Our Help?

If you are over 50 and live in McLean, Arlington, or Falls Church, you may qualify for our free services.

There are three convenient ways to apply:

- 1 **Online:** scmafc.org/contact
- 2 **Email:** contact@scmafc.org
- 3 **Phone:** 703-506-2199 (leave a message)



703-506-2199 | scmafc.org | contact@scmafc.org
1205 Dolley Madison Blvd | McLean, VA 22101-3019



SCMAFC is sponsored by Northern Virginia Rides (NVRides)

Volunteer with the Shepherd's Center



Make a difference in the lives of your neighbors!

- Drive seniors to medical & dental appointments or errands like grocery stores & pharmacies
- Assist with minor household repairs
- There is **no minimum commitment** – you choose when, where, and how often to help
- Show older adults that they are an integral part of our caring community, and deserve to live independently with dignity

For more information or to volunteer, please visit scmafc.org or call us at 703-506-2199



Who Are We?

- **The Shepherd's Center of McLean-Arlington-Falls Church (SCMAFC)** was founded in 2006 to address the needs of older adults aging in place, focusing on transportation
- We are a non-profit all-volunteer organization and a federally registered 501(c)3 charity
- Our volunteers provide free rides to qualifying adults (age 50+) to doctors, dentists, therapists, pharmacies, or grocery stores
- In a typical year, we provide over 2000 rides – roughly 75% medically-related, 25% grocery, and 1% for “handy helper” needs
- Your donations – both money and miles driven – can be claimed as charitable contributions for tax purposes
- We are affiliated with Shepherd's Centers of America, a nationwide network working to enhance the quality of life for all as we age (see shepherdcenters.org)

“Volunteering was an easy decision. I understand the need. I’m paying it forward.”
~ Stew L, Volunteer



How Our Ride Service Works

For Volunteers (Drivers):

- Adults (18+) who volunteer to drive are screened by SCMAFC, including a background check at no cost to the volunteer
- Once accepted, drivers receive training from SCMAFC volunteers
- Drivers view ride requests at their convenience (via email or online) and accept rides matching their schedules and preferences
- Drive once a week, once a month, or once a year, there is no minimum commitment – **every ride helps**
- Apply online at scmaf.org/volunteer



	Date	How Long?	Round Trip?	Rider	Category	Comments	Pickup Address	Destination Address
Accept	Sat Jan 5 10:00 am	1 hr	Round Trip	Jane Doe	Grocery Shopping	Please call ten minutes prior to arrival. She will meet you in front of building.	123 Mayberry Lane, Falls Church 22044	A&P 400 W Broad St Falls Church 22046
Accept	Mon Jan 7 1:00 pm	1.25 hr	One Way	John Doe	Medical	Mobile but has illnesses that cause fatigue. New to area and unfamiliar with addresses and locations.	456 Mayberry Lane, Falls Church 22044	Dr. Marcus Welby Medical Dr, Ste 220 Arlington 22205
Accept	Wed Jan 9 11:45 am	1 hr	Round Trip	Susan Doe	Dental	Uses a cane. Walks unsteadily.	789 Mayberry Lane, Falls Church 22044	Dr. P. Sherman 42 Wallaby Way Alexandria 22305

For Riders (Clients):

- Older adults (50+) living in McLean, Arlington or Falls Church may request services
- Applicants are interviewed by SCMAFC, then registered as clients when accepted
- Clients email or call in requests, including necessary details
- Rides can be one-way or round-trip
- Once posted, open ride requests are viewed by background-checked volunteer drivers
- Clients are notified when their rides are accepted
- The ride service is free, but clients are responsible for out-of-pocket fees such as parking

“When I retired, I was looking for a way to give back that would still allow me to spend time with my grandchildren and to travel. Shepherd’s Center is the perfect fit. I can drive when I am in town and have time, and know that I have made someone’s life a little easier that day.”
~ Carol E, volunteer

“What a wonderful service you all provide and it meant so much to us. After Mom’s last accident when she decided to give up driving, it was a relief to her to find a reliable, compassionate and free service. And what a relief to me as well since I live out of town and can’t always be there to drive her. You are a blessing to the community.”
~ Daughter of a client